



The Power Stroke

Saskatoon Canoe Club Newsletter — October, 2006

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Alexander Mackenzie's stone bear head, Sandfly Lake, Mark Lafontaine

Trip Tales and Pot luck Supper

Thursday, November 2 2006

**Pot luck supper at 6:00 pm,
presentations at 7:00 pm. To be held at
St. Paul's church, 454 Egbert Avenue
(Sutherland).**

Come out and enjoy an evening of food and story telling. Bring whatever type of food that you want.

There will be presentations on the Clearwater River, Churchill River, Abitau Lake NWT to Fort Smith AB, Netson Creek / Rabbit River, northern British Columbia.

Bring a friend and introduce them to a whole new world of friendships and adventure.

Presidents Note: Canoe Kayak Saskatchewan has increased our insurance premiums by \$5 per member. The executive members of the Saskatoon Canoe Club have agreed to absorb this cost in order to keep the current membership fee the same.

Notice: There has been some discussion and confusion as to what is considered a "club trip" and how to go about advertising a trip to the members.

In order for a trip to be a "club trip" it must be advertised in such a way that all the members have an opportunity to participate. Club trips are to be advertised in the spring newsletter, posted on the Canoe Clubs' Website or emailed to all of the members. This should be done two weeks prior to your departure date.

Thanks

CANOE FOR SALE

The Saskatoon Canoe Club has a Clipper "Ranger" model of canoe for sale. This is a 17 foot tandem fiberglass canoe (white in color) equipped with the aluminum trim package. The Club's ID number is "2" (s/n ZWDRS021B989). The price has been set at \$500.00.

Please contact the Club's Equipment Manager, Glen Phillips at 244-4536 or glen.phillips@sasktel.sk.ca for additional information or to arrange viewing.

Water Walker

There will be a Water Walker Meeting on Monday December 11th, 7 - 9 pm. To be held at the Cliff Wright Library, 1635 McKercher Dr. This meeting is open to all members.

Positions Available

We are currently recruiting volunteers for the following positions:

- Publicity Director
- Recreation Director
- Director at large

If you are interested please call Mark Lafontaine at 955-4587 or email wildpadler64@yahoo.ca

Marathon

Thanks to good river levels, fantastic weather and friendly people ... the marathon group has had an outstanding season. Fun, fitness and camaraderie are a part of our group. We paddled as a group on Wednesday evenings and Sunday mornings and quite a few of us were out most days in C2s or solo boats. Several new members joined and enjoyed the paddles. The "apres paddle" cake and coffee on Sundays has become a fun time where we relax and enjoy each other's company.

A number of our club members did an excellent job of representing the club in races at Regina, Lumsden, La Ronge, Cumberland House, The Pas and Shawinigan.

Thanks to the leadership of Trevor Robinson, the club hosted two successful races. A special thanks go out to Paula Robinson, Vina Robinson and Brian Robinson for their efforts...

Cranberry Punch

C1 Mens

Trevor Robinson 1:32:30

Masters Men

Mike Vincent / Larry Brault 1:33:36

Terry Spokes / Bob Farthing 1:35:23

Vic Anderson / Chris Wall 1:40:38

Masters Mixed

Fiona Vincent / Merv Woods 1:33:36

Cathy Rae / Ken English 1:37:41

Hillary Johnson / Warren Kelly 1:43:40

Lorna McPherson . Barry Mang 1:51:03

Edna Brewster / Greg Brewster 1:51:03

Eb's Marathon

C1 Mens

Trevor Robinson 1:32:19

Masters Women

Edna Brewster / Lorna McPherson 1:50:47

Masters Mixed

Cathy Rae / Ivan English 1:32:20

Sue Ashburner / Bob Farthing 1:42:25

Hillary Johnston / Warren Kelly 1:48:55

Masters Men

Greg Brewster / Vic Anderson 1:35:14

Merv Woods / Barry Mang 1:36:05

Eddy Risseeuw / Ken English 1:36:22

Visiting the Prairies of Canada

A Personal Perspective

Sandy beaches, rocky boulders and the space of the ocean..... Waves gently lap on the rocks, small whales quietly dive through the water and banks of fog hang out at sea..... The lighthouse at the entrance of the bay, striped red-white, signals the way for the ships, sailing boats glide by and huge container ships are on their way from somewhere to faraway..... This is Kiel Bight, Baltic Sea, Germany.

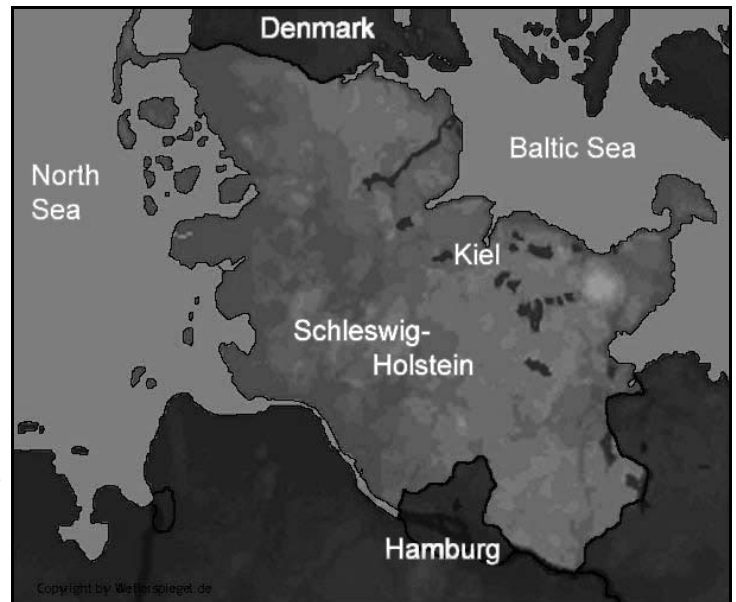
There I was, living and kayaking on the ocean - until a job brought me out here, into the middle of a huge continent, to Saskatoon. And what does a good land-locked sea-kayaker do? She joins the Saskatoon Canoe Club and learns to paddle like the locals - i.e. NOT going in circles in a solo canoe.

Paddling here is fun! It takes a bit of getting used to battling the current of the river. In exchange, there is no ferries, no commercial shipping and no navy. Here I can enjoy a sunset at dusk on the river, even a night-paddle under the well-lit bridges of the city – in Kiel, canoes are not allowed on the water after sunset, and it would be too dangerous with all the traffic.

The sand bars of the river are very similar to the banks and sand flats in the Wadden Sea, which is the tidal area of the North Sea. Vast spaces are alternatingly exposed and inundated by the tides, twice every day. In the channels, strong currents sweep back and forth water and sediments and kayakers – riding with the tide is a must. There you see whales and seals, here you see beavers and pelicans.

Apart from the coast, Saskatchewan and the province of Schleswig-Holstein where I come from have a lot in common:

- o flat countryside with a few rolling hills
- o glacier-shaped morphology and deposits of moraines
- o farming country and little industry
- o amazing cloud formations
- o the wind on the way out is a headwind; and on the way back, instead of having it as a tailwind, it dies out....



Even the mottos of the provinces are similar: 'Land of living skies' and 'Land der Horizonte' (land of the horizons). And everywhere there are Canadian geese.

Looking back over the text, you can clearly see that my impressions are guided by comparisons to what I am used to. But I "have" to admit that I really like it here!

And as a last note: in German, all small watercrafts (except for rowing boats) are KANUs. To distinguish between the different types, we call your canoes CANADIER (Canadians). Now isn't that funny?

Doris Maicher



Photo by: Doris Maicher

Book Review

If you are sitting around this winter missing your summertime canoe adventures, why not head on down to the library and pick yourself up the book *Voyageur* by Robert Twigger. This book tells of the author's adventures in his three year journey across the rocky mountains in a birch bark canoe. His journey follows in the footsteps of Alexander Mackenzie's quest from Lake Athabasca to the Pacific ocean in 1793. Little has changed since that time with the challenges remaining mostly the same, raging currents, treacherous portages, incessant bugs and unhappy crew members. The book was a joy to read with the author describing his trek with great detail and subtle wit. I recommend it to anyone who enjoys a good adventure.

Richard Jackson

Websites

If you are planning a canoe trip anywhere in North America it is important to know the forest fire situation in the area you are planning to travel. This website shows current fires and rates them as Actively Burning Area (last 24 hours), Actively Burning Area (last 12 hours) and Previously Burning Area (since January 1st). The information is updated every 8 hours. Data is compiled by the USDA Forest Service in cooperation with NASA Goddard Space Flight Centre.

<http://activefiremaps.fs.fed.us/canada/activefiremaps.php>

Geocaching has become a popular activity in recent years. It's fun, simple and promotes a healthy life style. Think of it as a high tech treasure hunt. Anyone with a gps can go to the geocaching website and download coordinates for a near by cache. Then head out and find it. There are even a few located in northern Saskatchewan.

www.geocaching.com

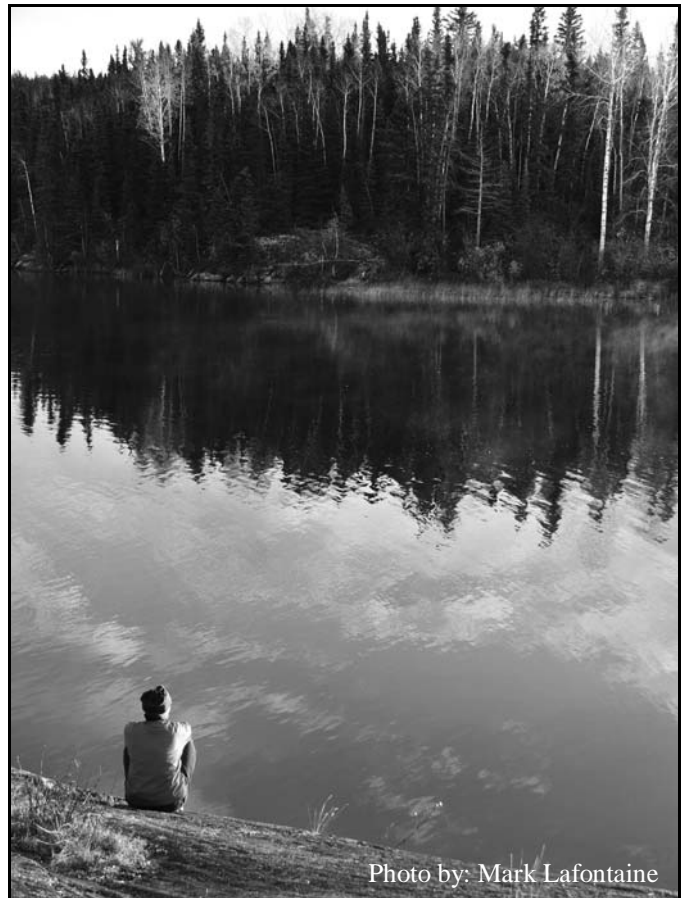


Photo by: Mark Lafontaine

Recipes

Crescent Rolls on a Stick

1 pack of crescent rolls
Butter/jelly
1" diameter stick

Wrap the dough in a spiral fashion around the stick. Leave space between the spirals for the heat to reach all the dough. To secure the dough, press the ends of the dough to the stick. Hold over the hot coals about 15 - 20 minutes. Turn often. When golden brown, slip the roll off the stick. Top with butter and jelly.

2006-2007 Executive

President	Mark Lafontaine	955-4587
Treasurer	Randy Chapman	242-7520
Secretary	Jo Ann Walker	933-3297
Membership	Larry Grenkow	955-0810
Recreation Dir.		Vacant
Eqpt. Manager	Glen Phillips	244-4536

Marathon	Trevor Robinson	384-6982
Social Director		Vacant
Publicity		
Newsletter	Mark Lafontaine	955-4587
Dir. at Large	Steve Shirliffe	652-1450