
April 2014 Issue

Power Stroke

Saskatoon Canoe Club Newsletter

www.saskatooncanoeclub.org

President's Message

Hi all!

It is the start of a new season of paddling and there have been some changes in the club executive. A big welcome to our new executive members, Catherine Trask as the Marathon Director, Dwayne Surdu-Miller as the Equipment Manager, Lenard Cole as the new Treasurer, and Edith MacHattie as a Member At Large. A big thank-you to Joe Welter (former Treasurer) and Trevor Robinson (former Marathon Director) both of whom provided valuable service to the club. I'm sure we will still see them on the water as general club members.

If you are interested in expanding your paddling opportunities, check out the Marathon and Recreation Director pieces on the new and continuing initiatives planned for the upcoming

season. If you have attended events in the past then maybe it's time to help out as a volunteer. One thing the club can always use more of is volunteers. If you have any time to help out with Tuesday evening registrations or participating in the Thursday evening recreation group paddles, please let one of the executive know. If you are interested in taking a more active role in club organization the executive may be for you. If you have ideas or suggestion to contribute, they are welcome too.

On a more social front, we plan to have another Stroke On the Water event later this summer and a Trip Tales event in the fall.

Cheers,

David Peters



In this Newsletter:

Page 1: President's Message

Page 2: May 4th Open House and BBQ
Safety Tips and Boathouse Rules

Page 3: Marathon Announcements

Page 4: Canoe Club Equipment Sales
Recreation Report

Page 5: News Tidbits/Events

Page 6: Your 2014 Executive
SCC Supporters

SCC Open House and BBQ

Come on down to the boathouse on **Sunday, May 4th**, rain or shine, to get or renew your membership! **From 12 pm to 4pm**, you can get a burger, sign up for lessons, get your membership card and door code, and most importantly, get a quick refresher about boathouse policies and canoe safety (yes, the refresher is required). Bring a friend and get them to sign up too!



This event is an annual tradition where members can visit, discuss paddling and get excited for the upcoming season. Some of our supporters will have products on display and will be on hand to answer questions about lessons, gear, and boats. Check out the new additions to the SCC fleet. We have 3 new boats: #41 Swift Dumoine - a red royalex canoe with the good tracking but a little more maneuverability, #42 Delta Expedition - a red top/white bottom fibreglass kayak and #43 Clipper Tripper - a white fibreglass canoe which is very popular for paddling on the South SK River. Interested in marathon canoeing? If you register for marathon canoeing and participate in the weekly paddles, you will find your recreational paddling improves as well! Check out group paddles and trips being offered by recreation and marathon volunteers and make a plan to paddle as soon as you are signed up!



SAFETY TIPS:

1. Wear a PFD, and know what to do in an emergency or unexpected situation.
2. Paddle upstream first, and downstream on the return leg.
3. Avoid paddling alone.
3. Know your personal skill level, as well as your limitations.
4. Paddle near the shoreline.
5. Be informed of weather and water conditions.

BOATHOUSE ETIQUETTE/RULES:

1. Keep the boathouse tidy and organized for others. Return equipment to its proper storage place.
2. Return boats to their assigned storage racks.
3. Set boats down on the GRASS, not on the pavement to prevent damage.
4. Wash your boat inside and out after EVERY outing.
5. All equipment is for club use at the boathouse. Equipment is not available for "borrowing" for private trips away from the boathouse.

Saskatoon Marathon Canoe Information

NEW this year!! Wednesday Night Marathon Mentoring! This year, the Wednesday night Marathon Group will have a slightly different format. From the May 4th open House to Labour Day, we plan to have a mentored skill-building session for those interested in marathon canoeing. This group is intended for folks that have experience paddling canoes and are looking to get into racing and refine their marathon paddling stroke and skills. In order to participate comfortably, paddlers should be able to paddle 60 minutes with minimal rest. Newer paddlers are paired with experienced 'paddling mentors' that can provide feedback and guidance on technique, tactics, and racing strategy. Typically mentors will sit in the stern of the canoe, but this may change if an intermediate paddler is looking to get experience in the stern. Check out our new website for more information at sccmarathon.weebly.com/

Often this session will start out with a quick 'dock-talk' about the skill or goal of the workout, then boats will be assigned. The philosophy in this group is to organize equal-speed boats and have a group that stays together for skill building. **Faster, sleeker, and more intense than the family fishing boat, a marathon canoe builds balance, endurance, and emphasizes strategy and finesse** rather than brute strength. Local marathon events range from 1-3 hours, with some international events spanning several days. Events occur throughout the summer and there is something for every skill level - see the marathon race schedule online at www.saskatooncanoeclub.org. Please make special note of a couple Saskatchewan races; the Cranberry Punch/Ed's Classic on July 19th and 20th and the Rookie Race in Craven, SK on September 13th. There are many more all over Saskatchewan and Canada. Good luck to all participants.

Marathon members are welcome to come out on Wednesday nights at 18:30 to meet the mentors and paddle with our group. See you there!

-Catherine Trask





Canoes/Kayaks for Sale:

In order to make room for new equipment on our racks, older canoes and kayaks are occasionally retired and put up for sale. This season, we are selling the Wilderness Systems Cape Horn kayak. The buying system will be by closed bid on kijiji. Watch for the posted ad and put in a bid through kijiji if you are interested.



Wanted: Volunteers for the May 4th Open House/BBQ. Members are invited to donate their time flipping burgers or helping with registration of new members. Please consider helping out and meeting some other club members. If you are interested, please email Erin at social@saskatooncanoeclub.org. Your club needs you and you need burgers!

Wanted: Volunteers for Tuesday evening orientations will need volunteers. We need a minimum of 3 people at the boathouse on Tuesday evenings to take membership forms, collect money, and provide orientations for new members. Email Richard at membership@saskatooncanoeclub.org to sign up. As a bonus – if you volunteer for 4 Tuesday evening sessions this year, we will give you a free membership next year!

Recreation Canoeing Club Events and Information

Thursday night group paddles which proved popular last year will resume on the 8th of May, 2014, the first Thursday after the club's Open House. Weather permitting, we'll meet at the boathouse at 6:45p.m. Volunteers drawn from more experienced members will organize the launching and lead the group. These group paddles are intended to make it easier for novice paddlers and new members to become familiar with the club and the river and make the most of the facility we have. If you join the club on your own, the organized paddles can be a way to connect with similarly situated members who might paddle together on other occasions.

The weekend day paddles that we brought back last year were popular and we aim to organize at least one each month this season. These involve trailering the canoes to launch points upstream such as The Berry Barn or Fred Heal's to paddle back to the boathouse. One volunteer has already started planning a day paddle in May, (as well as a weekend trip from Outlook to Saskatoon,) look for details on the club website to get in on this and other club organized trips!

-Brendan Haynes

News Tidbits- For Your Interest!

Paddling Symposium:

April 25th, at TCU place, Churchill River Canoe Outfitters will be hosting a celebration of paddling in Saskatchewan. There will be guest speakers, a “show and shine” and a dinner, amongst other events. Tickets are 40 dollars and are available for purchase from several fine local outdoor retail stores. For more information, visit their website at maskwapaddles.ca/symposium.html

NatureCity Festival

Saskatoon is a place of nature, even in our urban setting. The Naturecity festival aims to celebrate that fact by encouraging everyone in Saskatoon to see the city with new eyes. Many events are planned to celebrate the small wonders and interactions one can have with nature in Saskatoon. A series of free informative talks by experts from around the country are planned for May 24th, 26th and 27th. There are events such as bird walks, community gardening gatherings, school events and so much more. To see the full calendar and details, visit their website at wildaboutsaskatoon.org



National Paddling Week: June 6th-15th, 2014. Plan to celebrate Canada’s amazing rivers and lakes. It promises to be a fantastic celebration around the country. Check out the details at www.paddleweek.ca

World Rivers Day

On the last Sunday of September, be sure to celebrate World Rivers Day. This is a great day to go out and clean up your local section of river bank, go for a paddle, or participate in an event celebrating the importance of rivers to our environment and culture. Check out the details at Worldriversday.com



YOUR 2014 SCC EXECUTIVE

President:	Dave Peters	president@saskatooncanoeclub.org
Secretary:	Ann Popoff	secretary@saskatooncanoeclub.org
Treasurer:	Lenard Cole.....	treasurer@@saskatooncanoeclub.org
Membership:	Richard Jackson.....	membership@saskatooncanoeclub.org
Marathon Division:	Catherine Trask.....	marathon@saskatooncanoeclub.org
Publicity/Social	Erin McVittie	social@saskatooncanoeclub.org
Equipment Manager:	Dwayne Surdu-Miller	equipment@saskatooncanoeclub.org
Recreation Division:	Brendan Haynes	recreation@saskatooncanoeclub.org
Members at large:	Edith MacHattie-if anyone else is interested in joining the executive in this position, please contact the SCC executive.	

Please visit our **Saskatoon Canoe Club supporters** for valuable member discounts. Show your SCC membership card!



Offers a 15% discount on all clothing and 10% on everything else



offers a 10% discount on courses



offers 10% off equipment, courses and outfitting
www.pawistik.ca



offers 10% discount on lessons



offers 10% off paddling equipment



offers 10% off Mad River Canoes and Wilderness Systems Kayaks



offers 10% off regularly priced items

Saskatoon Canoe Club sponsored in part by

**Saskatchewan
LOTTERIES**

