

Saskatoon Canoe Club
Executive Meeting
February 9, 2012
Community Service Village

Present

Joe Welter

Ann Popoff

Richard Jackson

Kendra Worman

Dave Peters

1. Dave calls the meeting to order at 7:16.

2. Agenda

River Hazard removal is added to the agenda.

3. Adoption of Jan 12, 2012 minutes

Motion: Richard Jackson moves we accept the January 12, 2012 executive meeting minutes as corrected. Ann Popoff seconds. Unanimous.

4. President's Report: Dave Peters

(what I have done since the last meeting)

- submitted 2011 recreation reports to CKS (attached)
- answered requests for information submitted via info@saskatooncanoeclub.org
 - is the river kayak-able in January? Answer: No
 - does the Canoe club have any canoes/boats they can donate to USSU child care? Answer:

No

- moderated canoe club bulletin board
- published all adopted minutes to the website
- contacted Nordic Ski Club regarding Victoria boathouse sharing arrangement
- starting migration of website to Drupal Content Management System

5. Membership: Richard Jackson

Ann reported to me the boathouse door code was changed in mid January. This information was distributed to the club executive on Jan 16 via e-mail.

The 2010 membership applications have been destroyed.

Recreation membership coupons were mailed to those who had approved volunteer activity during the 2011 paddle season.

Current membership in the database is 3, two of which are executive members.

Application forms were distributed to those in attendance at the last executive meeting but have not been returned to me yet.

5. Treasurer: Joe Welter

The accounting software is not working smoothly yet. Joe is researching purchase of a cheap laptop to be used for club business. Changing signing authority is still in progress.

Motion: Dave Peters moves that Joe Welter be given signing authority. Ann Popoff seconds. Unanimous.

6. Recreation: Russell Lawrence

I unfortunately will not be able to make it to the Executive meeting. I have some updates to pass along though:

I have decided not to submit a proposal to the executive to charge a rental rate on canoes and kayaks for instructors. By not setting a rate, it allows more instructors to submit bids to teach course (and in turn creates a bigger pool of potential instructors for the SCC to choose from). This should mean that we should be able to offer more lessons than those that can be provided by one instructor who may have other commitments.

I will send a proposed lesson format to the Executive for their input in the next few weeks. I have been working on the number of sessions and what days to hold them on, as well as what times to do them. I found last year there were a number of times it was quite congested on the dock with rowing shells, canoes and kayaks all fighting for space. The Rowing Club is revamping its lesson offering this year as well and with this opportunity, I will be considering other boathouse users when determining times such that different users will not have to fight for the same limited dock space.

I will post the Trip Planning Guide on the wiki after I compose this email. I have included Richard's edits from last fall. Once the executive has had a chance to review it, I suggest it is posted on the SCC website as a resource for club members to think about leading their own trip.

7. Marathon

Marathon is working on CKS submissions.

8. Equipment: Kendra Worman

The inventory should be complete soon and will be put on WIKI. Some of our order has already arrived at Eb's, and the remainder should soon be in. A missing equipment list will be supplied to the 2011 membership. The 'pending repairs' list is ongoing.

9. Social/Publications: Erin McVittie

The following ad for the leisure guide was passed around for review.



Saskatoon Canoe Club

RECREATIONAL CANOEING • KAYAKING • MARATHON

Join us at our Annual Open House

**Sunday, May 6th 12 p.m. - 4 p.m.
at the Boathouse in Victoria Park**

Learn more about:

- **Marathon Division Wednesday evening and Sunday morning group paddles**
- **Recreation Division Tuesday evening paddles**

Check our website for more details on membership, race schedules, recreation trips & other exciting events!

www.saskatooncanoecub.org

It is suggested we send material to Erin for the newsletter.

10. Secretary: Ann Popoff

Ann had the boathouse door code changed. It is very important that the code not be given to anyone who has not paid membership fees.

11. Trailer Repair: Russell Lawrence

I received a favorable response from North Woods Canoe regarding the trailer. They still insist on sending the trailer back to them in Cochrane, AB as they would like the opportunity to correct any and all problems, and upgrade the box to suit the club needs. They feel this is the best option as it will allow them to determine what failed and why, check out the whole trailer, and make sure we get a box that has the durability that we need for the SCC. I think sending the trailer back to North Woods is a good option for the club because the cost of transportation will likely be lower than the cost of building a new box in Saskatoon. I have yet to get a quote from the welding shop as I have too much on my plate at the moment. Should the executive choose to weigh additional options with regard to trailer repair, I will not be able to do it. I can keep in contact with North Woods Canoe, but someone else will need to take the reins on obtaining quotes in Saskatoon.

After some discussion it was decided to get a quote from a local welding shop for comparison purposes. Once the quote is available a decision will be made as to the next course of action. Richard volunteered to take the necessary steps to get a quote.

12. Wilderness First Aid Course: Kendra/Russell

Wilderness First Aid Report

I. Course Options & Descriptions

A) Wilderness First Aid (WFA)

Wilderness First Aid is an excellent introduction to wilderness emergency care. The course will equip participants with the basic knowledge and skills to adapt first-aid techniques to the demands of wilderness locations. Students will be able to identify potentially life-threatening emergencies, assess their severity and respond within a wilderness context. This course is ideal for those who want a brief but intense introduction to wilderness first-aid. It is appropriate for those working in industry, resource management and search and rescue, as well as for those doing personal recreational trips in remote areas. CPR is included and this course is recognized for workplace safety standards. For more information on where and how our courses are recognized, please contact us.

Details

Duration: **2 days (16 hours)**

Format: A mix of classroom and outdoor sessions

Cost: \$269

Pre-requisites:

- 18+ years of age (16-17 with parental permission)
- A high school education (or equivalent) is recommended (but not required) in order to master the required knowledge and skills.

Required Equipment:

- Notebook and pencil/pen
- Watch with a second-hand for taking vitals
- Indoor/outdoor clothing appropriate to the weather
- Footwear for rough terrain

Course Outline

Day 1:

- Registration & Introductions
- Patient Assessment System
- CPR
- Circulatory System

- Nervous System
- Respiratory System
- Fractures
- Stable Injuries
- Splints - Extremities
- Electives

Day 2:

- Hypothermia
- Hyperthermia and Heat Illness
- Near Drowning
- Lightning Injuries
- Wounds and Burns
- Anaphylaxis
- Lifting, Moving Extrication
- Patient Carries
- Backcountry Medicine

Take Aways

- Wilderness First Aid Certification and Patch
- Adult CPR Certification
- Course Texts

B) Wilderness Advanced First Aid

The main focus of this course is the prolonged care and stabilization of patients until a rescue team or additional resources can be obtained to help with evacuation to a medical facility.

The course teaches a judgment-based approach to dealing with medical emergencies in a remote setting. Major components include learning to work with improvised equipment and learning to anticipate potential risks to the patient. Advanced medical techniques include anaphylaxis management, spine clearing, wound cleaning, and CPR cessation. Approved by Alberta Workplace Health and Safety as equivalent to Standard First Aid.

At a later date, graduates of this course may choose to take our four-day Bridge Course to upgrade to the Wilderness First Responder (80 hour) certification.

Details

Duration: **4 days (40 hours)**

Format: A mix of classroom and outdoor sessions

Cost: \$479

Pre-requisites:

- 18+ years of age (16-17 with parental permission)

•A high school education (or equivalent) is recommended (but not required) in order to master the required knowledge and skills.

Required Equipment:

- Notebook and pencil/pen
- Watch with a second-hand for taking vitals
- Indoor/outdoor clothing appropriate to the weather
- Footwear for rough terrain

Course Outline

Day 1:

- Registration & Introductions
- General Principles of Wilderness Medicine
- Infection Control
- Patient Assessment System
- Circulatory and Respiratory Systems
- Basic Life Support including CPR

Day 2:

- Quiz/Case Studies
- Nervous System
- Spine Management
- Musculoskeletal Injuries
- Lifting, Moving & Extrication
- Splints - Extremities
- Patient Assessment Drills

Day 3:

- Quiz/Case Studies
- Thermoregulation
- Toxins, Bites and Stings
- Lightning
- Elective Topics
- Wounds and Burns
- Allergies and Anaphylaxis
- Improvised Patient Carries
- Patient Assessment Drills

Day 4:

- Case Study Review
- Elective Topic
- Backcountry Medicine
- Medical and Legal Issues
- Patient Assessment Drills
- Simulations

- Final Exam
- Conclusion

Take Aways

- Wilderness Advanced First Aid Certification Card and Patch
- Adult CPR Certification
- Course Texts

II. Proposal:

- Gather interested members to select and join a course offering established through Raven Rescue.
- Participants would carpool and potentially share accommodations (most likely in Alberta).
- Course selection (A or B) and dates/location would be determined by the interest and availability of the group
- \$400 budget subsidy to be distributed amongst a minimum of six participants
- Subsidy to be reimbursed to participants who provide proof of successful completion. Claim must be submitted within the same season.

III. Rationale

1. Raven Rescue specializes in training according to the type of activity you are preparing for, and has a good reputation. They have been easy to communicate with and gather information from.
2. Available courses in Saskatchewan are limited, as Raven doesn't have any instructors here at this time.
3. Bringing an instructor here is costly due to added travel and accommodation expenses in addition to the course fee for the instructor. By having participants travel to Alberta for the course, those costs are reduced.

By joining a course, the SCC does not have the responsibility of filling the course, arranging classroom and field locations, or canceling the course should it not be filled. To run our own course we would require a minimum of 10 participants, to join an existing course elsewhere, we can send as many as we want.

Discussion: The proposal information has been distributed. The executive can add any comments directly to the document and return it to Kendra and Russell by Feb. 29th. We will vote on the motion to adopt a proposal next meeting.

13. Code of Conduct Review: Dave

CKS has a draft document of bylaws which is referenced below.

Membership Discipline

13. The voting members shall have the power to discipline or terminate a member for failure to comply with the constitution or bylaws of the organization, for conduct unbecoming as a member or for such other just cause as provided for by the adoption of a resolution at a special meeting of the organization."

Here's the link to the document....

<http://saskcanoe.ca/pdfs/CKS-Bylaws-FINAL-Draft.pdf>

I can't find a copy of the bylaws which has already been adopted by CKS so this may not be in force until it is adopted.

Motion: Dave moves that the Saskatoon Canoe Club add the following statement to the club constitution with the addition to be ratified by the general membership at the next general meeting."

The executive shall have the power to discipline or terminate a member for a) failure to comply with the constitution or bylaws of the organization, b) conduct unbecoming as a member, or c) such other just cause as provided for by the adoption of a resolution at a special meeting of the organization. A member so disciplined has the option of asking for a special meeting of the general membership to confirm the disciplinary action enacted by the executive.

Motion seconded by Richard Jackson. Unanimous.

14. River Hazards: Ann

Doug Porteous, of Meewasin Valley Authority (MVA), informed me that MVA intends to find funds to remove the hazards near the shore by the water treatment plant this summer. Several objects threaten our boats during low river flow. Peter Kingsmill will be asked to quote a price as he is the only operator with machinery to remove the dangers. Pat Lorje e-mailed me to reiterate this promise. (We have waited three years for action.)

15. Purchasing Policy: Dave, Russell, Trevor

In progress.

16. Youth Program: Richard and Kendra

Richard, Kendra and Dave met Tuesday, February 7 and have a plan for the youth program. They will meet again to draft a proposal.

17. Boat Purchases

After some discussion it was decided to ask Russell summarize the quotes by Friday, February 17, and provide recommendations by e-mail to the executive. The executive shall respond to Russell's information with their purchasing decision by Tuesday February 21st.

18. Next Executive Meeting

March 8, 2012, 7:15PM.

19. Adjournment

Ann moves the meeting be adjourned. Kendra seconds. Unanimous.